

# SPECIMEN COLLECTION INSTRUCTIONS

## Urologic (bladder, ureteral, or urethral) washings

Urine and urothelial washings are commonly evaluated cytologically for the presence of malignant cells in the detection of urologic malignancies.

### Indications

Detection of suspected malignancy utilizing lavage specimens obtained cystoscopically (bladder washing, ureteral washing, urethral washing); staging of urologic malignancies.

### Specimen Required

10 mL (or more) of an appropriately collected cystoscopically derived specimen.

### Supplies

- Standard cystoscopy equipment.
- Clean collection container of appropriate size.
- Cytology fixative.

## Specimen Collection:

- Using standard cystoscopy technique, obtain washing specimens, carefully denoting specific specimen sites for each specimen on the requisition.
- Add an equal volume of cytology fixative to the specimen.
- Label specimen with patient's full first and last name, second unique identifier, and specimen source/site. Submit the specimen to Incyte Diagnostics with the completed requisition.
- With cytology fixative added, specimen may be transported at room temperature.
- If fixative is not available, the specimen should be refrigerated or kept on wet ice until transported.